

Nature's kitchen

Supporting children's play to encourage curiosity, imagination, creativity, and exploration; using some messy natural materials.

EYFS

Early learning goals: Communication and language, Mathematics, Understanding the world

Activity type: individual/pairs

Length of activity: open ended

Outdoor requirements: playground

Resources: range of ingredients (e.g. sand, gravel, compost, leaves), whiteboards and pens, crate, bowls, plates, pans, kitchen utensils.

Activity ideas

Children experiment with different measuring equipment and ingredients that they can use and invent a recipe for making something.

Give them a whiteboard and pen to "write down" or draw their recipe. Encourage them to say how much of each thing they are using and how long it takes to stir or cook.

They could invent a cost for the food, e.g. 5 leaves. They could share the food out to practice sharing or halving.

Children do a presentation of their recipe, 'Masterchef style'.



Resources ideas

<http://www.muddyfaces.co.uk/making-mud-kitchen-jan-white-p-1399.html>

Specific risk assessment

Remind children not to put any of the ingredients into their mouth.