

Team Building Activities KS4

A variety of short activities to encourage trust, teamwork and social skills – half day activity
Students will work in small teams to complete your selection of the activities below:

Problem solving activities

- levitate a ball
- sinking sands
- tree triangle
- tyre tower

More physical activities

- 'spiders web'
- 'crossing the swamp'
- low ropes course
- ski-whizz

Learning Objectives

- To apply techniques specific to the task or challenge effectively, safely and efficiently
- To understand the principles used to prepare for outdoor activities
- To collaborate with others in a group to solve a problem or make a decision

National Curriculum Links

PSHE

Personal wellbeing

1 Key concepts

1.3 Risk

2. Key processes

2.1 Critical reflection

2.2 Decision-making and managing risk

2.3 Developing relationships and working with others

3. Range and content

e. how to recognise and follow health and safety procedures, ways of reducing risk and minimising harm in risky situations, how to find sources of emergency help

4. Curriculum opportunities

f. work as members of groups and teams for specific purposes, taking on different roles and responsibilities and identifying the range of skills and attributes needed for teamwork

Follow on suggestions

1. Ask pupils to reflect on how well their team worked together.



Visit details: **Team Building**

Carried out by.....Suntrap Forest Education Centre.....

Date: Feb 2013

ISSUE	HOW TO MANAGE IT	WHO TO BE INFORMED		
List significant hazards which may result in serious harm or affect several people. Consider venue, activity, group, plan B ,etc	What procedures will we have? (Control measures)	S	Pu	Pa
Slips, trips and falls	<ul style="list-style-type: none"> • follow safe procedures as directed by a teacher e.g. supporting each other & giving clear guidance & instructions • teacher on hand to give support & prevent any accidents • wear appropriate footwear • Suntrap staff to carry first aid kit 	*	*	
Struck by low, sharp branches	<ul style="list-style-type: none"> • partners leading should exercise great care when navigating low obstructions (e.g. sharp branches), particularly if blind-folded 		*	
Medical/behavioural conditions	<ul style="list-style-type: none"> • all adults to be aware of any particular conditions e.g. asthma & allergies 	*		*

You must also ensure that appropriate persons are aware of any *Generic* procedures, but these do not need to be repeated here. The activity must only take place if the residual risk following implementation of control measures is deemed to be "low".

S-Staff Pu-Pupils Pa-Parents