

Team challenges – half day

A variety of short, fun activities to challenge pupils and encourage trust, teamwork and social skills.

Problem solving activities; levitate a ball, sinking sands' tree triangle and tyre tower.

More physical activities; 'spiders web', 'crossing the swamp', low ropes course and ski-whizz.

Learning objectives

- to collaborate with others in a group to solve a problem or make a decision
- to develop some of the skills involved in group work, such as negotiating, problem-solving, debating
- to reflect on their participation and communication
- to develop a clear idea of what has to be done, planning



National curriculum links

PSHE guidance

- to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions



Visit details: Team challenges

Carried out by: Suntrap

Date: Dec 2017

Issue	How to manage it
Understanding/behaviour	Class teacher to advise Suntrap staff of any children who may need extra support out in the forest to help them to follow instructions. School to ensure that there is appropriate adult: children ratios as required.
Medical conditions	Suntrap staff to check that school staff brings medication out into the forest. All adults to be made aware of any medical conditions. Suntrap staff will carry a first aid kit.
Choking/Poisoning	No eating outside unless directly instructed by Suntrap staff.
Injury through falling & throwing	Climbing of trees and throwing sticks/stones prohibited.
Getting wet/cold	Clothing should be appropriate for weather conditions. i.e hat, coat and gloves.
Soil borne disease	Children instructed not to put fingers in mouth during/after activities which include handling plants, soil and sticks. Hands should be washed with warm soapy water before eating lunch/snack.
Injury from low branches/sticks	Children instructed to take care when moving under low branches, particularly if blindfolded.
Deep Water	Children instructed to keep away from pond boundary.